



# Sun Protection Policy

## Rationale

All children and staff will be kept safe from the harmful effects of the sun's UV rays.

## Purpose

- To protect skin from burning and long term effects of the sun.
- To educate children and their families on the effects of UV rays.
- To ensure staff are positive role models.

## Guidelines

Children will be required to wear a sun hat, sun block and suitable clothing at all times while outside during the summer months, between October and March, and at other appropriate times as determined by the Centre Management. The Centre will incorporate programmes on sun smart behaviour into the curriculum.

The centre requires children to wear hats when outside during certain periods of the year. We give children who do not wear a hat a choice of seeking shade or going inside to play. We encourage children to wear sunhats that will shade the face and back of the neck. We will ensure that shade is provided on the centre grounds by trees, sun umbrellas or alternative shade.

The Centre will supply sunblock (SPF 30+) for children and staff. Sunblock will be applied to all children prior to each session of outdoor play. Sun block will be reapplied during sessions as appropriate. Parents must notify the centre of any allergies or sensitivity their child has to sun block. Children unable to wear sunblock will be monitored carefully while outside to ensure they are shaded sufficiently, as determined by the supervisor and the child's parent.

Pamphlets will on occasion be available for parents, and reminders of sun safe issues will be printed in newsletters as appropriate. Informal opportunities will be taken to educate the children on sun safe issues.